



ACHIEVING CLUB EXCELLENCE



Prom Coast Soccer Club Inc
A00452552

Arthur Sutherland Reserve
Welshpool



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The Place To Be

Member Welcome Kit

Welcome to the Prom Coast Pirates

Football Club Inc.

Welcome to our club. PCP is the only soccer club in the Foster District. We offer mixed male and female junior and senior teams competing in the regional league. As the only club, we aim to find a place for everyone interested in playing the World Game. All roles are undertaken by volunteers and the club requires participation and involvement from all to keep running. This year we are looking for more people to help with doing the lines, ref, canteen, and dinners which we have on Wednesday nights after training. We also have a Team App which we also send all the information about the games, and what's happening within our club.

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Contacts / Committee

Name	Phone	Mobile	Email
President			
Shellie Cashmore		0419322384	shelliem04@hotmail.com
Secretary			
Bianca Albrecht		0476205620	balbrecht581@gmail.com
Treasurer			
Jill Throckmorton		0417582180	throckmorton@bigpond.com

Key Dates

Event	Date
Training to be every Weds	Wednesdays –Welshpool Rec from 4:30
Competition Begins	April 15th

Teams we are trying to fill in 2018 are:

Miniroos (ages 5 to 10)

U12's mixed

U14's mixed

U15 girls

Women's (15yr +)

Mens reserve (16yr +)

Club Training Days & Times

Club training days are hold on every Wednesday at Welshpool Recreation Reserve starting from 4:30 for the Mini's then 5:00 for the other teams we encourage all to be there. And after training we also hold a dinner for all at a very small price this helps to keep the club up and running and it's a great time to also have a talk to everybody.

Membership Fees

Please go to myfootballclub.com.au and follow the links. You will need your FFA number and password. It is easy to find and retrieve both of these if necessary. If you are new you will need to create an account.

Fees for 2018.

MiniRoos (all under 12) \$58 (down from 2017)

Juniors (12 yrs to 17 yrs) \$76.35

Senior players (over 18) \$163.30

Fees are payable to the club.

Please see the Treasurer if you would like to make a payment plan

Registrations to be completed by April 1st 2018

Club Kit

The club will provide you with your team shirt. But you will need to buy royal blue shorts, royal blue socks, which can be brought locally from Foster Inside Out, or the Yarram Sports Store (Kidds will Play) shin pads and soccer(Football) boots.

BOOT EXCHANGE

- Bring your old WASHED boots to the clubroom and find a pair to fit you – no charge.

EQUIPMENT

- Team shirt, longish royal blue shorts, long royal blue socks, shin pads and boots.

Media

- Game results will be published weekly in the Foster Mirror.
- Photographs will be taken during games and printed in local media and possibly on the internet. If you do not wish your own image or images of your child to be published in the Media please contact a committee member.

Information

- Prom Coast Pirates F.C. is a SMOKEFREE CLUB. No smoking please around the ground or near the buildings. Smoking is permitted outside the pitch boundaries.
- Players should register in their correct age group. There is a link to do this in the info pack. Players wishing to play in an older age, group are permitted to do so. Reasons accepted – remain with school peers, provide challenge to skilled player, has played with that team previously. Generally, we try to find a place for all players which is acceptable to the player, family and club.
- Soccer is a winter sport and fixtures will generally proceed unless there is a significant wash out throughout the entire region. Cancellations will be notified through your team coach and the Team App. Expect to play unless notified. The referee is the only person who has the responsibility to determine if the field is safe to play.

Websites:

www.promcoastsoccerclub.com.au

Registrations- www.myfootballclub.com.au

Football Federation of Victoria-

www.footballfedvic.com.au

Football Federation of Australia –

www.footballaustralia.com.au

Find us on Facebook! “Prom Coast Soccer Club”

And our Team App (from the app store, available for all smart phones)

Rosters

This year we will be looking for people to help out on game day with the following

- Home match day duty
- oranges
- line assistants
- refereeing
- coaching
- canteen

First team to ground sets out nets, chairs, corner flags etc.
Last team to use each ground puts all equipment away.

Codes of Conduct **for the Prom Coast Football Club:**

PLAYERS' CODE OF BEHAVIOUR

- (a) Play by the Rules and within the spirit of the game;
- (b) Do not argue with match official. If you disagree, have your captain or coach approach the match official during a break in play or after the match is concluded;
- (c) Control your temper. Verbal abuse of officials or other players, deliberately distracting or provoking another person is not acceptable or permitted in any sport;
- (d) Maintain your focus and work hard for yourself and your team;
- (e) Be a good sport and be prepared to acknowledge good play whether it is from your team or the opposition;
- (f) Treat all players as you would like to be treated. Do not interfere with, bully or take unfair advantage of another player;
- (g) Cooperate with your coach, team mates and opponents. Without them, there would be no competition;
- (h) Play for your own enjoyment, and not just to please parents and coaches;
- (i) Remove all jewellery prior to training and match play, as it is a hazard to you and those around you;

- (j) Do not accept or use any banned or unauthorised drug(s), including the consumption of alcohol at any time.

COACHES' CODE OF BEHAVIOUR

- (a) Remember that players participate for the fun of it and that winning is not everything;
- (b) Be reasonable in your demands on younger players time, energy and enthusiasm,
- (c) Teach your players to abide by the Rules and Laws of the Game;
- (d) Ensure that equipment and facilities meet a reasonable safety standard and are appropriate to the age and ability of the players;
- (e) Modify your approach to suit the skill levels and needs of players;
- (f) Develop and enhance respect between players, opposition coaches and the decisions of the match official;
- (g) Follow the advice of a physician when determining the extent of a player's injury and beyond that, when players are returning from injury to training and match play;
- (h) Keep up to date with the latest coaching practices (refer to Coach Accreditation Criteria);
- (i) Take time out to teach players (& others) the Laws of the Game, hence raising their awareness;
- (j) Remind all players to play within the spirit of the game at all times;
- (k) Ensure players are good sports and ensure each team member shakes the hand of their opponents at the conclusion of every match;
- (l) Do not smoke or consume alcohol from the team bench (Technical Area) or sideline;
- (m) Remember the actions of yourself and your team is reflective of the perception others take away with them.

PARENTS' CODE OF BEHAVIOUR

- (a) Remember that children play the sport for their enjoyment, and not yours;
- (b) Encourage children to play according to the rules and spirit of the game;
- (c) Encourage all children to participate, do not force them;
- (d) Focus on the child's efforts and performance rather than the result of the activity (that is, winning or losing);
- (e) Encourage children to always participate according to the rules;
- (f) Never ridicule, yell at a child for making a mistake or losing a game;
- (g) Remember that children learn best by example, so applaud good play by both teams;
- (h) Support all efforts to remove racial and religious vilification, verbal and physical abuse from sporting activities;
- (i) Respect the match official's decisions and teach your child to do likewise;
- (j) Show respect and appreciation to Club officials, including coaches, officials and administrators. Ensure any issues are raised through the correct channels;
- (k) 'Smart Supporting' – not loud and intense but calm, relaxed and at all times positive;
- (l) Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion;
- (m) Do not smoke or consume alcohol near the team bench (Technical Area) or sideline.

ADMINISTRATORS' CODE OF BEHAVIOUR

- (a) Help coaches and officials highlight appropriate behaviour and skill development, and assist in raising the standards of coaching and officiating;
- (b) Ensure everyone involved in football emphasises fair play, and not winning at all costs;
- (c) Be tolerant and calm under pressure and approach problem solving in a supportive manner as members and players will expect you to set an example for others;
- (d) Make every effort to educate persons who breach these guidelines from time to time.

SPECTATORS' CODE OF BEHAVIOUR

- (a) Applaud good play and performances from both teams, and be forward in congratulating all participants on their performance regardless of the final outcome;
- (b) Respect the match official's decisions on the day;
- (c) Condemn the use of violence in any form, be it by spectators, coaches, officials or players;
- (d) Show respect to for both teams when watching matches, because without them there would be no game;
- (e) Encourage players to follow rules and accept the decision of the match official;
- (f) Do not intimidate, harass or use foul language towards, players, match officials, Club Officials or spectators.